



5RHYTHMS®

June 10-13, 2011

TALKING
IN
BODIES

**BERLIN FOURTH ANNUAL
BENEFIT GATHERING**



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TALKING IN BODIES

WHAT?

When we set our bodies in motion, they will find a way of easy, natural communication - body language works beyond the world of words and goes beyond smalltalk. Deeply touching encounters can happen - with ourselves, another, the tribe, the divine. While moving through the landscapes of our souls, ecstatic dances may lead to surprising insights.

Over these four days, we will focus on Gabrielle Roth's 5Rhythms, exploring and sharing according to her "grammar". Besides dancing, we will have time to enjoy picnic in the sun, get to know each other and dive into Berlin life... TALKING IN BODIES - a weekend of dance and creative sharing, of embodied soul in motion!

WHO?

5Rhythms teachers and dancers from Berlin invite dance and movement lovers from Germany and all over the world--whether you have experience in dancing the 5Rhythms or not.

WHAT FOR?

The proceeds will go to 5RRO (5 Rhythms-Reach-Out Project), the international nonprofit organisation and to Lucie Nerot's project "Dancing Across Borders".
www.5rro.org www.dancingacrossborders.com

HOW?

We wish to donate as much as possible to the projects, so the teachers will be offering the sessions voluntarily. Berlin dancers will provide accomodation for you.

Schedule:

Friday, 06/10	8pm - 10.30pm
Saturday, 06/11	12am - 2.30pm foll. picnic and 4.30pm - 7pm
Sunday, 06/12	11.30am - 2.30pm and 4pm - 7pm
Monday, 06/13	10.30am - 1.30pm

Costs: 100,-€

We will dance together as one group for the whole four days.

Venue:

Freie Waldorfschule Berlin-Mitte
Weinmeisterstraße 16
10178 Berlin

Information and Registration:

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Deadline: June 1st 2011